



# Diagnostic stewardship implementation and impact of Filmarray Meningitis/ Encephalitis (FA-ME) panel in a tertiary care setting in Karachi, Pakistan

Asima Shahid Sabzwari<sup>1</sup>, Shumaila Taufiq<sup>1</sup>, Erum Khan<sup>1</sup>, Fatima Mir<sup>2</sup>, Seema Irfan<sup>1</sup>, Bushra Jamil<sup>3</sup>, Sadia Shakoor<sup>1,2</sup>

Department Pathology & Laboratory Medicine, Department of Pediatrics & Child Health, Department of Medicine  
The Aga Khan University Hospital, Karachi, Pakistan

## Introduction:

Filmarray Meningitis-Encephalitis® (FA-ME) provides rapid, reliable Community-Acquired Meningitis/Encephalitis (CA-ME) diagnosis, maximizing early, pathogen-directed clinical decision support and stewardship goals. We implemented FA-ME diagnostic stewardship (DS) in a tertiary care hospital in Karachi, Pakistan and report on process activities and antimicrobial de-escalation impact.



Processing of Filmarray specimen in biosafety cabinet

## Results:

From May 2017 to July 2018, FA-ME was requested on 600 patients. Pre-analytic assessment led to deferral of 6 (1%) tests. Mean laboratory turnaround time was 3.6±3.6 hours (95% CI 3.379-3.908). Backup microbiological cultures, wet mounts, and Xpert yielded additional diagnoses in 1.2% (n=7), 0.7% (n=4) and 1.3% (n=8) patients respectively. Two HSV-2 false-positives and 1 Cryptococcus false-negative test were identified, re-tested, and corrected on post-analytic assessment. Antimicrobials were de-escalated in 63.2% (12/19) patients with enterovirus meningitis, and in 51% (n=218) adults and 53.8% (n=40) children ≤18 years (infants excluded) with negative FA-ME results.

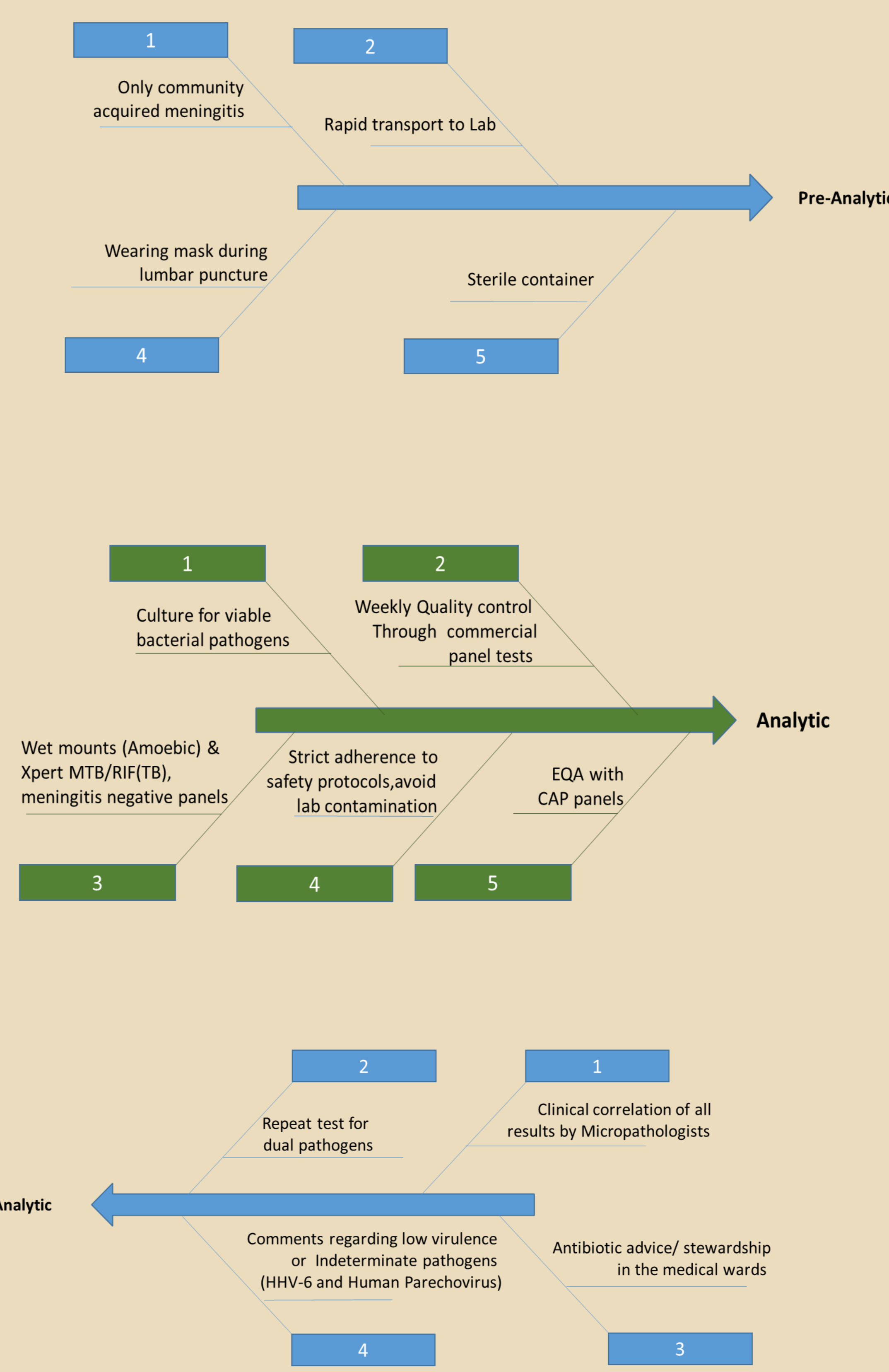


## Conclusions:

Diagnostic utility of FA-ME was improved through application of DS strategies. Although we did not perform a before-after study to evaluate percent reduction in antimicrobial use, antimicrobials were discontinued in 50-60% of patients with results warranting de-escalation. Physician education can further increase compliance with de-escalation.

## Methods:

FA-ME was implemented in May 2017 for CA-ME patients admitted to Aga Khan University Hospital. Strategies were implemented in pre-analytic (exclusion of nosocomial and shunt meningitis), analytic (backup culture, wet mounts and Xpert MTB/RIF®), and post-analytic (clinical correlation to reduce false positives, antimicrobial advice) phases to improve reliability and stewardship outcomes. Antimicrobial de-escalation at 24 hours was determined for FA-ME negative, and enterovirus positive patients.



Process	Failure Mode	Effect of Failure	Potential Cause(s) of Mechanism of Failure	Risk Level	Mitigation	Responsibility & Target Completion Date	Update and New Actions	New Problem	New Policy	New Strategy
Pre-Analytic	Sample contamination	False positive results for contaminating respiratory colonizers	Contamination of sample during collection or processing	2	1. Limitation on staff who can perform the procedure. 2. Staff must wear appropriate PPE. 3. Staff must use sterile technique. 4. Staff must use appropriate disinfectant. 5. Staff must use appropriate transport media. 6. Staff must use appropriate transport container. 7. Staff must use appropriate transport temperature. 8. Staff must use appropriate transport time.	1. Daily competency assessment and sign-off for staff. 2. Staff must complete procedure training. 3. Staff must complete competency assessment. 4. Staff must complete competency assessment. 5. Staff must complete competency assessment. 6. Staff must complete competency assessment. 7. Staff must complete competency assessment. 8. Staff must complete competency assessment.	No false positive results for contaminating respiratory colonizers were detected.			
Pre-Analytic	Staff Training & Compliance	Staff not adequately trained on Filmarray ME instrument and procedure	Incorrect Results Reported	1	1. Competency assessment and sign-off for staff. 2. Staff must complete procedure training. 3. Staff must complete competency assessment. 4. Staff must complete competency assessment. 5. Staff must complete competency assessment. 6. Staff must complete competency assessment. 7. Staff must complete competency assessment. 8. Staff must complete competency assessment.	1. Daily competency assessment and sign-off for staff. 2. Staff must complete procedure training. 3. Staff must complete competency assessment. 4. Staff must complete competency assessment. 5. Staff must complete competency assessment. 6. Staff must complete competency assessment. 7. Staff must complete competency assessment. 8. Staff must complete competency assessment.	Staff performing test are adequately trained on Filmarray ME instrument and procedure and competency assessment and sign-off for staff.			Forming of Staff to do
Pre-Analytic	Supply Procurement	Filmarray ME cartridges not received or shipment delayed	Unscheduled increase in test volume or unacceptable lot received	1	1. Order of FA-ME cartridges in advance and have regular 2. Position of ordering based on test volume every 6 months. 3. Manufacturer fail. 4. Shipper subject to excessive temperature in transit or after delivery.	1. Order of FA-ME cartridges in advance and have regular 2. Position of ordering based on test volume every 6 months. 3. Manufacturer fail. 4. Shipper subject to excessive temperature in transit or after delivery.	Filmarray ME cartridges received within time, no shipment delayed.			
Pre-Analytic	Lot Performance	Lot does not produce expected results	Lot Performance Compromised, Incorrect Results Reported	1	1. Manufacturer fail. 2. Shipper subject to excessive temperature in transit or after delivery.	1. Perform external QC on each lot of shipment at site at intervals (per lot tested before patient testing).	Lot verified and lot produce expected results.			Add a new item to EQA panel will be shipped if same lot is changed while the same
Pre-Analytic	Sample Input	CSF from shunt, abdomen or body fluid other than CSF accepted for FA-ME test	Incorrect Results Reported	1	1. Media in transportation for acceptable specimen type. 2. Test setup and fixation. 3. Test setup and fixation. 4. Test setup and fixation. 5. Test setup and fixation. 6. Test setup and fixation. 7. Test setup and fixation. 8. Test setup and fixation.	1. Daily competency assessment and sign-off for staff. 2. Staff must complete procedure training. 3. Staff must complete competency assessment. 4. Staff must complete competency assessment. 5. Staff must complete competency assessment. 6. Staff must complete competency assessment. 7. Staff must complete competency assessment. 8. Staff must complete competency assessment.	CSF from only lumbar puncture was accepted for FA-ME test.			
Pre-Analytic	Sample Volume	Low sample volume received where unexpected results reported to be included in backup culture cannot be performed	Insufficient CSF received	0	1. Reporting consultant to requesting physician to provide test and performed for optimal management.	1. Reporting consultant to requesting physician to provide test and performed for optimal management.	Sample volumes received with adequate volume where unexpected results can be included and backup culture can be performed.			
Pre-Analytic	Patient ID Error	Order to wrong patient	Test performed on incorrect patient, erroneous results	1	1. Pre-Analytic Verification of patient ID.	1. Pre-Analytic Verification of patient ID.	All test performed on correct patient, no erroneous results were obtained.			
Pre-Analytic	Patient ID Error	Incorrect patient ID entered in LIS	Failure to follow patient ID protocol	1	1. Pre-Analytic Verification of patient ID and barcoding of results. 2. Direct communication of results to LIS.	1. Pre-Analytic Verification of patient ID and barcoding of results. 2. Direct communication of results to LIS.	No incorrect patient ID entered in LIS.			
Analytic	Instrument ambient temperature	Ambient air conditioning fails	QC failed/ Incorrect Results Reported	1	1. Failure of engineering controls over air conditioning. 2. Daily competency assessment and sign-off for staff. 3. Staff must complete procedure training. 4. Staff must complete competency assessment. 5. Staff must complete competency assessment. 6. Staff must complete competency assessment. 7. Staff must complete competency assessment. 8. Staff must complete competency assessment.	1. Daily competency assessment and sign-off for staff. 2. Staff must complete procedure training. 3. Staff must complete competency assessment. 4. Staff must complete competency assessment. 5. Staff must complete competency assessment. 6. Staff must complete competency assessment. 7. Staff must complete competency assessment. 8. Staff must complete competency assessment.	Engineering Department remedying laboratory.			No Ambient air conditioning fails.
Analytic	Specimen not receiving calibration	'Error' result	Test repeated	1	1. Specimen inherent factors. 2. Sample incubation method. 3. Sample incubation method. 4. Sample incubation method. 5. Sample incubation method. 6. Sample incubation method. 7. Sample incubation method. 8. Sample incubation method.	1. Specimen inherent factors. 2. Sample incubation method. 3. Sample incubation method. 4. Sample incubation method. 5. Sample incubation method. 6. Sample incubation method. 7. Sample incubation method. 8. Sample incubation method.	No 'Error result' result obtained.			
Analytic	Specimen backup culture not performed on all patients	Backup culture not performed on all patients	1. Specimen inherent factors. 2. Sample incubation method. 3. Sample incubation method. 4. Sample incubation method. 5. Sample incubation method. 6. Sample incubation method. 7. Sample incubation method. 8. Sample incubation method.	1	1. Sample log sheet prepared and reviewed for compliance on culture and results of sample received.	1. Sample log sheet prepared and reviewed for compliance on culture and results of sample received.	New process involved.			
Analytic	Internal procedural controls	Internal procedural controls (bioassay and backup culture) not included in every testing device	Misinterpretation of test results when using testing device	0	1. Sample inherent factors. 2. Sample inherent factors. 3. Sample inherent factors. 4. Sample inherent factors. 5. Sample inherent factors. 6. Sample inherent factors. 7. Sample inherent factors. 8. Sample inherent factors.	1. Sample inherent factors. 2. Sample inherent factors. 3. Sample inherent factors. 4. Sample inherent factors. 5. Sample inherent factors. 6. Sample inherent factors. 7. Sample inherent factors. 8. Sample inherent factors.	Internal procedural controls (bioassay and backup culture) included in every testing device and all controls were passed.			
Analytic	External QC	Weekly external positive and negative controls to ensure with functioning test system	Module error requiring instrument maintenance	0	1. Module error requiring instrument maintenance. 2. Module error requiring instrument maintenance. 3. Module error requiring instrument maintenance. 4. Module error requiring instrument maintenance. 5. Module error requiring instrument maintenance. 6. Module error requiring instrument maintenance. 7. Module error requiring instrument maintenance. 8. Module error requiring instrument maintenance.	1. Module error requiring instrument maintenance. 2. Module error requiring instrument maintenance. 3. Module error requiring instrument maintenance. 4. Module error requiring instrument maintenance. 5. Module error requiring instrument maintenance. 6. Module error requiring instrument maintenance. 7. Module error requiring instrument maintenance. 8. Module error requiring instrument maintenance.	Weekly external positive and negative controls are performed to ensure test functioning test system.			
Post-Analytic	Patient Follow-up	Results Reported on incorrect	Failure to follow procedure	1	1. SOP requires double ID over L2. 2. Engineer to be notified.	1. SOP requires double ID over L2. 2. Engineer to be notified.	No Results were reported on incorrect.			